# **The Marie Trust**

Report and Financial Statements
Company number SC361593
Registered Charity number SC040633
31 March 2019



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# **Report of the Trustees**

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report and financial statements of the charity for the year ended 31 March 2019. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' revised in 2015.

#### **Reference and Administrative details**

Registered company number

SC361593 (Scotland)

Registered charity number

SC040633

Registered office

6<sup>th</sup> Floor, Gordon Chambers

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Glasgow G1 3NQ

**Principal address** 

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**Trustees** 

Abbie Waine Alan Keane Erika Lawrence Lisa Lucchesi Alan Sherry Nicola McCallum

Company secretary

Pamela Smith

**Auditors** 

**Cornerstone Accountants** 

90 Mitchell Street

Glasgow G1 4PR

**Bankers** 

Unity Trust Bank Nine Brindley Place Birmingham

B1 2HB

Solicitors

TC Young Solicitors
7 West George Street

Glasgow G2 1BA

Chief Officer

Frances McKinlay

#### **Report of the Trustees**

#### Structure, governance and management

#### Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a company, limited by guarantee, as defined by the Companies Act 2006.

#### Recruitment and appointment of new trustees

The procedures for recruitment and appointment of trustees are as set out in the Memorandum and Articles of Association.

The membership is controlled by the Council of Management. Any person who wishes to become a member must sign, and lodge with the company, a written application for membership. The Trustees may, at their discretion, refuse to admit any person or body to membership. The Trustees shall consider each application for membership at the first Trustees' meeting which is held after receipt of the application; the Trustees shall, within a reasonable period of time after the meeting, notify the applicant of their decision on the application. All members signify their agreement with the aims and objectives of the charity prior to becoming a member.

At the AGM, one third of the Board of Trustees shall retire and may be re-appointed.

#### Induction and training of new Trustees

All newly appointed Trustees are supplied with a copy of the Memorandum and Articles of Association of the charity. They are also given a copy of the Annual Audited Accounts. All legal documentation, including Company Directors' forms, are completed and forwarded to Companies House. All Trustees have access to the Scottish Council of Voluntary Organisations and the Office of the Scottish Charity Regulator websites which have information and advice on areas of interest including governance and the role of Trustees.

### Organisational structure

The governing body of the charity is known as the Council of Management, which is comprised of Directors of the company, the Chief Executive (employee representative) and the Company Secretary. Directors are appointed from the membership of the company. The Chief Executive is employed and has full responsibility for the company's day to day management and development. The Council of Management formally meet at least four times per year. All Council Members take an active role in overseeing the organisation.

#### Related parties

There are no related parties with which the charity is associated other than those noted in note 18.

# Risk management

The Trustees have sought to identify the major risks to which the company may be exposed. Systems have been established which are designed to mitigate all major risks. The Trustees review their risk management strategy annually or more often if circumstances require. The Risk Management Strategy covers the following headings: Financial – Compliance with Law and Regulation – Governance and Management.

The main risk to the charity going forward remains lack of sustainable funding for activities, or significant cuts to funding projects. This risk is closely monitored and the mitigations are at the core of the Marie Trust's strategy going forward. These mitigations include continuing to build and strengthen relationships with key stakeholders and identifying and building other sources of funding.

#### **Objectives and activities**

#### Objectives and aims

#### **Background**

The Marie Trust, formerly the Wayside Day Centre, has been responding to the needs of people affected by homelessness, poverty and social exclusion since 1982. The Wayside Evening Centre was formed over 80 years ago under the auspices of the Legion of Mary. The work carried out at the Marie Trust is influenced by the values and beliefs upon which the Wayside Day Centre was founded which continue to both shape our service provision and provide the framework within which our service is delivered. We respect, celebrate and uphold this founding ethos deriving inspiration from our Christian roots.

We place primary value on respecting the inherent dignity of every person. In upholding basic human rights to freedom of choice, housing, health services and occupational opportunities, and in working to remove obstacles that prevent the advancement of people's wellbeing, we seek to enable people affected by homelessness and social exclusion to live more satisfyingly and resourcefully. The Marie Trust derives much of its support from church groups, individual donors, corporate bodies and volunteers who offer their support through links with the church. It does not engage in any form of direct evangelism or the promulgation of any particular faith but, in addition to meeting material and emotional needs, seeks to provide opportunities for people to explore their spiritual needs in its provision of a holistic service.

#### Five key themes/objectives

Capacity: We want more homeless people to report a higher quality of life as a result of our services being more accessible and an expanded range of support services being available.

Knowledge: We want to be respected and known for our knowledge and expertise in the advice and support given to our user group.

Effectiveness: We want everyone on our team to have access to the support, training and resources they need to do an effective job supporting homeless people.

*Inspiration:* We want to be inspiring more people to give their time and money to support people affected by homelessness.

Excellence: We want our services to be evaluated and effective and underpinned by appropriate facilities, systems and governance.

#### Mission statement

The Marie Trust exists to help to prevent and alleviate homelessness and to promote social inclusion and opportunity through the delivery of a range of person-centred services.

#### Aims

- To prevent homelessness, poverty and social exclusion.
- To alleviate homelessness, poverty and social exclusion for those who experience it.
- To advance education and opportunity.
- To advance health and well-being.

#### Objectives and activities (continued)

#### **Objectives**

- To act as an accessible contact point for people affected by homelessness providing immediate access to a range of services.
- To deliver accessible intervention services which offer advice, support, advocacy, signposting, referral and
  practical assistance as part of Glasgow's Crisis Response Framework and its systematic approach to
  alleviating homelessness crises.
- To deliver outreach support to hostel residents and to people affected by homelessness who are going through the Criminal Justice System.
- To provide personal and practical support to service users who are no longer homeless and who require support to integrate more fully into their community and to disengage from homelessness services.
- To provide and facilitate access to a range of opportunities for positive activity, learning and volunteering making links into meaningful occupation at local levels and supporting individuals to access mainstream volunteering, education and employment on disengaging.
- To facilitate access to health and addiction services by working with providers to ensure delivery of therapeutic intervention on the premises, where appropriate, and by supporting people to access the mainstream and specialist services they require.
- To provide a non-profit making cafe facility promoting healthy eating, advancing nutrition.
- To develop mechanisms for ensuring greater accountability to service users, effective user consultation and meaningful user-involvement.
- To work collaboratively in partnership with other voluntary and statutory agencies in order to help to deliver Glasgow's Homelessness Strategy and to best meet people's needs.

#### Our vision

The Marie Trust seeks to work with vulnerable people adopting a person-centred professional approach to its delivery of advice, information, advocacy and life skills development services in order to promote opportunity and inclusion and to prevent and alleviate poverty and disadvantage/social exclusion.

Details on significant activities undertaken by the Marie Trust are included in Achievements and Performance later in this report. We recognise the importance of evidencing the success of what we do and providing clarity of the work undertaken to our finders. The nature of that evidence is also outlined further below.

# Risk Management

The Marie Trust has operated within a robust Risk Management Framework for many years, with strict controls in place to identify and assess risks and minimise their impact. Risk Management is monitored regularly by the Management and the Board of Trustees and is a whole organisation activity embedded within all individual and team reporting processes across the Marie Trust, and integrated within our support and appraisal sessions.

#### **Objectives and activities (continued)**

#### Remuneration of Key Management Personnel

The Board of the Marie Trust review the remuneration of key management personnel on an annual basis. The basic criteria on which they make their recommendations are as follows:

- Benchmarking with other equivalent voluntary organisations of a similar size
- The experience and qualifications of the key management personnel
- The job performance and achievement of set objectives of the key management personnel
- The ability of the Marie Trust to afford any recommended increases.

#### Achievements and performance

#### Charitable activities

The Director of The Marie Trust, Sandy Farquharson retired from the organisation in December 2018 after 10 years and was replaced by Chief Executive, Sarah Erskine. The organisation has seen great successes and progress in our work but recognises the challenges in terms of seeking future funding for some parts of the service.

Our involvement in the Glasgow City Centre Project, City Ambition Network (CAN PROJECT) continues to work in collaboration with our partners at Glasgow City Mission, Simon Community Scotland, Glasgow City Health and Social Partnership had grown from strength to strength where Chief Executives of each organisation meet monthly as a Steering Group to shape and evaluate this service. As a result of our involvement in this work Marie Trust staff act as key workers of some of the most vulnerable individuals who have been identified as requiring a higher level of support due to rough sleeping and multiple complex needs. The Can Project has meant that keyworkers now meet regularly and share practice and updates of the work they have been doing to ensure clients are safeguarded and where practice can be shared. We are now entering the evaluation phase of the project where 2019-20 will use the next 12 months to identify the legacy of the CAN, reaching clarity about the learning, the key principles and creating a best practice guide in helping to shape future practice of working with rough sleepers and individuals with multiple complex needs in Glasgow. The CAN project was crowned winners in the Silo-Buster category of the Scottish Social Services Awards in June 2018, a fantastic achievement and excellent example of partnership working.

Our work with the Alliance to End Homelessness in Glasgow City which was formed with other charities to enable this alliance to bid for the tender which will be issued by Glasgow City Council. Our involvement in this came to an end in December 2018 as a result of changes within Marie Trust organisational governance. We will continue to look to bid for tenders when the Alliance contracting begins to enable us to collectively form bids together for the work in alleviating and preventing homelessness.

We anticipated a reduction in Glasgow City Council funding which will coincides with the end of the Big Lottery Funding for the STEP project and have taken a difficult decision to close our Charity Shop on Paisley Road West in order to continue to deliver core services and reduce the impact the reduction in funding will have on service users and the organisational as whole. As a result we have faced redundancies for the first time as a charity and 10 staff members left the organisation. The following information reflects the fantastic work our staffs do in ensuring people who present to the centre receive a high quality service.

#### Impact of the Intervention Service 2018-19

The Marie Trust Intervention Service continues to provide direct access to individuals who are homeless who require crisis intervention to advocate and assist their homeless status, seek accommodation, welfare rights,

access to health services and practical support via emergency food parcels, clothing, shower facilities, toiletries. This service

**Report of the Trustees** (continued)

#### Achievements and performance (continued)

continues to be the most responsive of our services with an open door policy, with no referral needed and direct access to help when needed.

From 1st April 2018 until 31st March 2019 there were a total of 17,305 presentations to the centre made by 2,046 individuals. 43% of these individuals were homeless, with the remainder 57% of individuals presenting having permanent accommodation but require a higher level of support with managing their accommodation.

714 individuals presented for crisis intervention in the following areas:

1586 housing interventions were made

368 health interventions made

687 welfare rights interventions made

184 interventions for homelessness legal advice and criminal justice assistances made

483 interventions to reconnect individuals with community services

287 interventions to support individuals affected by addiction to get vital support when they needed it most

622 practical support interventions were provided in terms of access to clothing, toiletries, shower facilities, emergency food parcels and food vouchers.

We continued to deliver our services throughout the busy festive period when many other essential services had closed down for the period. Our Crisis Intervention Service continues to play a vital role in ensuring that some of the most vulnerable adults receive the support, advice and advocacy that they need in order to address the wide and varied issues affecting them. During the period there were 709 presentations to the Intervention Service made by 295 individuals evidencing the continuing and increasing need that exists for our services. We continue to respond to individuals needs by providing a drop in service where no appointment is necessary for individuals who are in crisis and require immediate attention.

We continued to provide an effective outreach service to 54 residents at the Bellgrove Hotel through our Outreach Intervention Service, providing housing information and advice, benefit support and advocacy and referrals to health and addiction services for residents who were not engaging with other services.

In 2018 we saw the expansion of the Skills Development, Training and Employability Project (STEP) where additional premises were sought at The Adelphi Centre in the Gorbals area of Glasgow to cope with the increased referrals and to support individuals exit from homelessness and to widen opportunities to education and provide a more neutral space away from a homeless environment; providing a therapy room, training space for course delivery and private interview space for one to one work as well as staff offices.

The STEP Project has been funded by The Big Lottery fund since 2007 and this has enabled the project to grow and develop over the years to meet the greater needs of people affected or vulnerable to homelessness. This year saw the last year of Lottery funding which is due to come to an end in May 2019. Without this continued support from the Big Lottery Fund we would not have been in a position to have provided the high quality of service to vulnerable people.

#### Impact of the Skills Development, Training and Employability Project (STEP) 2018-19

The STEP project is made up of three services: Skills Development Service, Volunteering Project and Life Skills Program, all of which continued to grow in strength with developing strong partnerships with other agencies to increase opportunities for individuals affected by homelessness, addition, mental health and offending behaviour. The STEP Project work in criminal justice increased with referrals from Criminal Justice Services and Scottish Prison

#### **Achievements and performance** (continued)

Service, which has been successful in supporting transition into the community and reducing offending behaviour by providing a named worker, opportunities for engagement and structure for the people we work with.

#### **Skills Development Service Achievements 2018-19**

Our partnership with Glasgow Colleges continues to grow. The STEP service applied to City of Glasgow College Foundation for a grant to provide a further 2 year funding to extend and increase the range of courses on delivery through our Access to Expressive Arts program in partnership with City of Glasgow College. Once approved, this will see an increase from 6 accredited units per year to 9 ranging from SCQF level 5-6, offering more opportunities for learners to gain qualifications on a wider range of subjects that we have previously delivered.

We continued our delivery of our Access to Social Science Program in partnership with Glasgow Kelvin College at the colleges East End Campus. This program is a unique co-delivery model where The Marie Trust and Glasgow Kelvin College staff both deliver within the program on a non-accredited and accredited basis to enable learners to progress confidently from a beginner's course to accredited learning and into further education.

We delivered 20 accredited and 20 non accredited courses to 350 individuals from Mental Health First Aid, Counselling, Social Care, First Steps into Education, Psychology, Youth Work, Community Development, History, Philosophy, Creative Writing, Graphic Design, ICT, Literacies, Art, Printing and Literacies. The courses are aimed at beginner entry at SCQF level 3-6 and provide a stepping stone from non-accredited learning to accreditation and exiting the program into further education.

Our aim is to enable individuals who may not identify themselves as traditional college learners as a result of multiple barriers to access education and be part of the student learning experience in colleges without the additional barriers of applying online or attending a college interview. This work is carried out by STEP staff, who work in partnership with the colleges to ensure the transition into a college environment is smoother and more successful. Our monitoring processes capture the learners journey from when they enter the program to when they exit:

64% of individuals were affected by poor mental health

39% of individuals were in recovery from alcohol misuse

37% of individuals were in recovery from drug addiction

43% of individuals were affected by homelessness

35% of individuals were affected by trauma

23% of individuals were affected by abuse

41% of individuals were involved in the criminal justice system.

The program aim is to improve life chances for people through the delivery of courses which learners can use their life experiences and knowledge to gain qualifications and develop better self-confidence and identity. 73% of new applicants stated they wanted to engage in the program as they viewed it as an entry into further education. 54% of applicants stated that they felt the courses would give them structure at a time in their lives when they were struggling with isolation and at a new stage in their recovery. At the end of the program we asked leaners what impact the courses had on their lives:

• 100% of learners reported that the courses supported them to have a fuller range of options and access to services

- 99% of learners reported they felt more confident to progress to other types of learning as a result of completing their course of study
- 99% of learners reported that have a more positive outlook of their lives and more confidence in themselves that when they began the course.

#### Achievements and performance (continued)

- 31% of learners reported the courses helped their recovery from addiction
- Overwhelmingly 80% of learners reported improved mental health
- 22% of learners reported reduction in their offending behaviour
- 67% of learners reported developing friendship and better social networks

140 qualifications were issued to 62 learners this year, but a greater emphasis was put on supporting learners to begin at non-accredited level and work towards gaining qualifications which was successful in supporting learners to stay within the program for longer and developing study skills to enable them to progress successfully into an accredited course. On average 2.6 qualifications were gained per learner.

#### **Volunteering Project Achievements 2018-2019**

The Volunteering Project provides real life work experience in our Training Kitchen. The Training Kitchen which serves our Not for Profit Café received the Healthy Living Plus Award for our work in alleviating food poverty and ensuring service users receive a homemade nutritious meal each day and focusing on diet and health benefits of using homemade food in preferred to processed food. We changed the way in which we educated volunteers in our Training Kitchen and employed a Head Chef who worked alongside our Dietician in creating balanced menus which would provide the minerals and nutrients individual's needs. The purpose of the Training Kitchen is to support individuals who have experienced homeless, addiction, mental ill health and offending to develop confidence and life skills and through providing structure within the volunteering program we help them to develop skills for work, team work, develop structure in their week and also real life work experience in the catering industry. The volunteers give their time to work in the kitchen and are led by the Head Chef in making nutritious meals for the café and in doing so develop better cooking skills and awareness of fats, sugars, proteins, mineral and carbs. We increased the amount of free foods we give out in our café to support service users to make better food choices such as providing: porridge, cereals, fruit, yogurts, fresh juice, homemade soup and salads free of charge on a daily basis. We now offer three healthy meals per day in addition to free foods on offer.

This year we supported 18 individuals to participate in the Training Kitchen, developing skills in food hygiene, temperature control. stock rotation, raising awareness of preservatives and the impact this has on health and the importance of good healthy cooking from scratch to maximise nutrition.

We saw an increase in referrals from Criminal Justice services (72%) for this program in particular, and a greater increase of homeless individuals entering the Training Kitchen (80%) than we have had in previous years. We asked applicants their reasons for wanting to be involved:

- 60% of individuals reported that they wanted to increase their self-esteem and feel more better about themselves. Identify was cited as being one of the main reasons they wanted to work in the kitchen: 'to be part of something and be accepted the same way as everyone else/not be judged'. Giving something back and developing new skills was really important as this was seen to offer people an exit from homelessness and a real opportunity to re-enter the workforce when they completed their placement.
- 64% of individuals wanted more structure in their week. Having nothing to fill up their time meant that
  they became more isolated and not connected with people. A further 40% added that developing social
  skills and social networked could increase their chances of not returning to an offending lifestyle.

- Employment was important to people with 40% of individuals aspiring to go back into work, and 28% of
  individuals seeing the opportunity as a way of enabling them to access further volunteering to build on
  their CV and longer term needs.
- 24% of individuals wanted to get back into learning and viewed gaining qualifications (44%) as being a
  really important part of the volunteering journey as this would build on the practical skills they learn
  whilst

#### Achievements and performance (continued)

working in the kitchen and solidifying the experience for them, feeling that employers would look more favourably on them as they had learnt on the job.

We received a higher number of men applying to take part in the program with 15 males to 3 females, again this was a result of Criminal Justice referrals with more men being referred and accepted onto the program due to the more complex vulnerabilities they experienced that other applicants applying.

The program was successful in supporting volunteers to reach their aspirations with:

- 15 qualifications gained
- 6 individuals gained employment
- 4 longer term volunteering opportunities were gained as a follow on from exiting the service
- 61% of individuals reported they gained skills for employment
- 44% of individuals reported they were more confident and had a better sense of self worth
- 61% of individuals reported a wider network of support as a result of their mentoring through the volunteering by their named worker.
- 17% of individuals reported their recovery from addiction was more stable
- 44% of individuals reported improved mental health as a result of having structure in their week, feeling purposeful and contributing to the delivery of the service to homeless people
- 39% of individuals reported their offending had reduced as a result of being involved in the program
- 50% of individuals reported they had developed friendships which were positive choices and which developed naturally through working alongside others in the kitchen.

# Life Skills Program Achievements 2018-19

This program is delivered through 3 strands:

- 1. Tenancy Sustainment and Support through the delivery of group work and one to one support with a named Tenancy Sustainment Worker.
- 2. Dietetics providing one to one dietetic advice and support and a range of workshops and short courses focusing on the impact diet has on our health and wellbeing
- 3. Male Health and Wellbeing Service: due to staff sickness this service was unable to be delivered this year which impacted on our outcomes and the continuation of the fantastic work which the service had begun in working with men who experienced trauma and multiple complex needs. We hope that with future funding bids that we can reinstate this valuable service.

The Tenancy Sustainment Service is delivered by one worker who works with the most complex and disadvantaged individuals who struggle maintaining relationships with other services and who are the most isolated of our learners and who require longer tem support. On average the Tenancy Sustainment Worker will work with an individual for 18months due to the multiple barriers individuals' experience. Building trust takes time and to reassure learners that their case will not be closed if they disengage has been an important aspect of this service.

61 individuals participated in the Life Skills program from 2018-19, a reduction from previous year as a result of the Male Health and Wellbeing Service not being functional.

- 82% of individuals were affected by poor mental health with an additional 22% citing emotional vulnerability being a real cause for concern in being able to manage day to day activities
- 60% of individuals had experienced homelessness, with 42% still currently homeless and 58% experiencing isolation in their communities.
- 50% involved in criminal justice services

#### Achievements and performance (continued)

- 26% of individuals were experiencing trauma and a further 16% reported self harming
- 54% of individuals reporting that addiction impacted on their mental health and coping strategies, with a further 58% reporting that their physical health was greatly impacted as a result of their poor general health

The range of support provided to each individual was intense to ensure individuals were linked into specific services to support their longer term needs. Benefits assistance through online applications, mandatory reconsiderations and advocacy at tribunals and appeals was where learners required the highest amount of hours spent by the Tenancy Worker with 98% of individuals provided with immediate assistance. As learners were not fully engaged in their communities, they were less likely not to have claimed their entitlement to benefits or requested a review or appeal of a benefit decision.

32% of individuals were supported to attend external appointments to enable to them to engage with health services and access the help they needed. 38% of housing information and referral to legal services was provided to prevent individuals from facing eviction and support them to maintain their tenancy. Practical support in form of accessing furniture to applying for Scottish Welfare Funds were required to assist learners and internal referrals to other services within The Marie Trust was extremely valuable in ensuring a wider range of options were available in terms of skills development, counselling and dietetics to help people on their journey and reduce social isolation and loneliness.

The Dietetics Service was really successful on providing one to one professional support to learners who struggled with eating disorders, malnutrition, poor diet as a result of poverty and disadvantage. What we found was that diet was not something people were focused on as there were other greater issues going on in their lives such as poor mental health and addiction. Providing restricted time with a dietician to focus on the 'whole' health of the individuals from medication, mental health, oral health, ailments, conditions and how this counter impacted on the individuals physical health helped support people to see that one thing had a knock on effect on another. This provided a space to talk and see food as nutrition and an important part of the person recovery. The Dietician delivered workshops in Gut Health, Diabetes, Cancer, REHIS Food and Health, REHIS Food Hygiene and REHIS Cooking Skills to educate and reach a wider audience.

#### Impact of the Counselling Service 2018-19

The Counselling Service continued to deliver individual psychodynamic counselling at The Marie Trust and to service users of Glasgow's 3 homelessness day services, a homeless women's residential project and a mainstream venue out with homelessness services for the purposes of optimising client safety and supporting the therapeutic process. Referral procedures are kept simple to widen access to the service.

We worked with 50 clients offering 961 appointments, 726 (76%) of which were attended. This achievement is considerable taking into account the severity of need of our client group. Clients, often excluded by other providers, engage, feel valued, begin to trust, form healthy attachments and incline to remain engaged long enough to begin to rebuild their lives.

We work with people who, in addition to having to negotiate huge barriers in accessing this type of service, typically begin therapy experiencing an acute level of distress. Measurements of this distress and of clients' well-being before and after therapy help to demonstrate service effectiveness because they show that:

An evaluation exercise was undertaken in 2019 aimed at measuring outcomes for clients engaging with the service. Using a clinically proven outcome measure, it found that:

#### **Report of the Trustees (continued)**

# Achievements and performance (continued)

- The mean score measuring clients' distress before therapy fell within the severe range
- The equivalent score for clients after having therapy was in the mild to moderate range

#### In addition to this, after having therapy:

- 75% of clients felt less depressed
- 77% showed reduced anxiety
- 72% of clients demonstrated improvement in relation to symptoms related to trauma
- 75% of clients demonstrated improvements in their functioning in everyday life

#### Further results included that:

- 57% reported improvements in relation to self-harming
- 66% reported less suicidal ideation
- 76% reported improvements in accessing positive activity/education/work
- 84% reported improvement in managing relationships
- 98 of the 102 clients who accessed therapy maintained or improved their accommodation with 28 moving from homelessness into permanent accommodation and 70 of the remaining 74 clients maintaining their tenancies
- After therapy 21 people exited unsafe situations such as prostitution, abusive relationships and using substances harmfully that they found themselves in before beginning therapy

#### Through evaluation we have already learned that:

- Significant demand exists for this type of service
- Our service model helps to support service user engagement even among people who ordinarily experience barriers in accessing services and remain excluded
- Excellent outcomes can be achieved when people affected by homelessness are afforded the opportunity to access this type of service

We are pleased to have secured a further 3 year grant from Comic Relief to run from 2019-22 that will enable us to continue to build upon this vital work and welcome interest from other potential funders of this work. Our future service model will include further specialisation including the provision of Mentalisation Based Treatment (MBT), Somatic Trauma Therapy and a group-analytic therapy group.

We continued to have representation on the various important and relevant forums such as: The Glasgow Homelessness Network, the Voluntary Sector Providers forum, etc. and which allows us to effectively network and promote the interests of our service users.

Legal Service Agency and Shelter Scotland continue to operate their legal Rights Hub Surgeries at The Marie Trust on a fortnightly basis. The value in having these surgeries continuing for the people who need them most is recognised and is an essential tool in tackling homelessness and rough sleeping in the city from a rights-based approach. Our Tenancy Sustainment Service continued to operate from Shelter Scotland's office each Wednesday to see individuals who are struggling with their accommodation. This has enabled Marie Trust staff to directly link service users into legal advice and create closer partnership working.

#### **Report of the Trustees (continued)**

#### Achievements and performance (continued)

In partnership with NHSGGC Hunter Street Homeless Services we also continued to facilitate regular centre based dental health to seek to increase the opportunities for improved health amongst our client group who often find it difficult to engage effectively with services. In addition NHSGGC provide us with a Pharmacy Outreach Service which has been going from strength to strength with visits every Thursday afternoon. In 2018-19 the Pharmacy Service saw 220 patients.

As in previous years we supported Glasgow's Winter Night Shelter which operated again through the winter months from 1st December – 31st March 2019 and provided essential shelter, support and advice to those not able to secure accommodation. This year we were also able to increase our level of support by having a member of our Intervention Team available at the Shelter each morning.

We continue to be a vital point of contact for agencies, organizations and researchers wishing to conduct research into the important and related issues impacting on our service group.

#### Fundraising & Social Media

Our social media presence, via Facebook, has grown steadily, although not as significantly as other 'like' charities or partners. We have introduced a twitter account which is steadily growing in followers. Much is still to be done to help promote the 'face' of The Marie Trust in terms of continuity of brand. A concerted approach to promoting The Marie Trust is a priority and we are looking to rebrand our image and seek funding to redesign our website and increase our social media presence in 2019-20 to reflect the valuable work of the Marie Trust.

#### **Facebook**

We are steadily increasing our followers and have reached 1,119 and increase of 25% on previous year. Our STEP project have developed their own Facebook page which has been successful in marketing their learning opportunities and showcasing learners work. We plan to merge the two Facebook pages together to reach a wider audience.

We have continued to receive donations from the following sources:

- Virgin Money Giving this has been used by several other individuals throughout the last year to do their
  own 'fundraising'. Much more cost effective than our previous account with Just Giving and thankfully
  ending our contract with Just Giving has not created any of the problems that we anticipated.
- Media attention the most notable media attention over the last year was a visit from Glasgow Live who
  interviewed day centre volunteers on the excellent work they do in supporting the delivery of day centre
  services.

# Help in Kind & New Support

 Corporate Volunteer days — again consistent throughout most of the year. Support has been from Amey, Lloyds Banking, Santander, Capita & DWP.Bank of Scotland, Nandos, Glasgow Caledonian University, S3 Recruitment, Phil Lancanster, Society of Decon's and Free Preseses of Glasgow, Pro Global, Axa, Inverary Morton and Edrington Group.

- Nandos Braehead restaurant continue to donate chicken on a weekly basis helping to reduce our kitchen budget / costs.
- Tesco continue to donate perishable food items including bread, fruit, etc. We now collect donations from 1 city centre stores every Tuesday morning
- We plan to developing better network with Co-op and Aldi to increase our food donations which serves our not for profit café.

#### Achievements and performance (continued)

#### **Volunteers**

We continue to receive incredible support from our mainstream volunteers, most of whom do 1 shift per week. There are around 3 or 4 who help more than once per week. Volunteers assist or have assisted in managing the café, dishes & cooking in the kitchen, donations in the basement and the van runs. We plan to develop our partnerships with corporate volunteering for 2019-20 and are looking to extend our opportunities for volunteering through the delivery of a Digital Café and Peer Mentors.

#### Brief outline of plans for the year April 2019 - March 2020

For the year ahead we will continue to work with our partners to extend the scope of the CAN initiative beyond its initial pilot stage so as to up-scale and reach out to others in need who could benefit from the support and services that this new approach is providing. As the CAN concept becomes more and more known and accepted as a positive way forward in tackling the prevalence of multiple exclusion and complex needs in the city, we are confident that this will attract funding from new sources and this will be fully explored in the months ahead. In connection with this, we are currently involved in on-going discussions and planning for the setting up of a new multi-agency city centre Hub where our Skills Development and Counselling Service will input to the delivery.

Our funding for The Skills Development, Training and Employability Project (STEP) is coming to an end on May 2019. It has been difficult securing funding for this vital service but we have been able to maintain our work with Glasgow College's and contribute the delivery of our Access to Social Subject Program and Arts Programmes. We have applied to City of Glasgow College Foundation for a grant of £48,980 to continue the program over the next two years.

To support the continued delivery of services and develop new services we submitted an application to The Big Lottery for £499,332.000 to deliver a new health surgery here in the centre: a Pharmacist Health and Social Prescribing Model (MOT Service) which if successful will commence in August 2019, again, with the aim of assisting people who might otherwise fall through the net of existing service provision.

The Marie Trust Counselling Service was successful in gaining £174,293.00 for 3 years funding to Comic Relief to continue and develop the current service. This will see the development of group and one to one counselling and an increase in staffing to deliver this service on an outreach basis reaching more people.

We anticipate a reduction in funding from Glasgow City Council based on the councils their plans for service review.

One of our fantastic volunteers has arranged a fundraising night in September 2019 to raise awareness of the service and to support the delivery of the project.

We are to receive a one off donation of £40,000 in August 2019 to support our not for profit café in providing nutritious food to homeless people. In addition to this we have submitted an application for £8,850 to SCVO to develop a Digital Café which we plan on delivering in August 2019. This will see us partner with Department of

Work and Pensions to deliver support with benefit claims online, help individuals use online resources and access to the internet. We plan on recruiting more volunteers to help deliver this service and also work in partnership with Glasgow Colleges to deliver the service 5 days per week in our café areas targeting people who come through the service who don't have access to the internet.

#### **Report of the Trustees (continued)**

#### Achievements and performance (continued)

The Wayside Club our sister Charity and our landlords carried a full refurbishment of the ground-floor toilet and shower facilities which has transformed the ground floor. This was wholly financed by the Wayside Club and The Marie Trust are very grateful to them for the improvement in the facilities offered to service users. It is the intention now to improve the external fabric of the building which is very much in need of repair and decorate the internal building to make it more welcoming for people who use our services. The Wayside Club are the Marie Trust's landlords and own the building and have continued their support by agreeing to donate £500 per month throughout the year to cover the cost of core services.

We will continue to receive financial support from The Robertson Trust who will provide a grant of £18,000 for core services, and additional support to support our future and will pay 5 days for a bid writer to support future funding applications. Chandler and Co will continue to provide £30,000 this year and have agreed that as a result of The Marie Trust charity shop closing The Marie Trust can use the funds to support the delivery of services for 2019-20.

Following on from the Winter Night Shelter closing at the end of March 2019, it was decided that we should continue to meet up regularly as a homelessness partnership so as to maintain the good momentum that had been gained with our collective and collaborative approach and to continue to work together to best support the vulnerable people most in need of our services. To this end the Interagency Street Network (ISN) started meeting weekly in April 2017 and we will continue our involvement in this, working together to find solutions in preventing vulnerable people from sleeping rough.

# **Reserves policy**

At 31 March 2019, total funds were £58,077. The reserves of the charity are as follows:

Unrestricted funds: these consist of funds which are available to the charity to use in furtherance of achieving its objectives.

The unrestricted fund balance of £28,810 represents the reserves of the charity arising from operating results. The Trustees would like to apply 'best practice' and build up the free reserves to a level which would cover at least six months operating activity.

Restricted funds: these consist of funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. There was income for five restricted funds during the year, the Big Lottery Fund for the Skills Development, Training, Education and Employability Project, income from Glasgow City Council relating to a contract for services, funds from J Chandler & Co (Buckfast) Ltd, a grant from RBS Skills and Opportunities for the Charity Shop and a grant from Comic Relief for counselling services. The restricted fund balance at 31 March 2019 was £29,266 and note 16 to the accounts provides a summary of these funds.

#### **Principal Funding Sources**

The four main funding sources during the year 2018-2019 are as follows:

Glasgow City Council (Intervention Service Funding): £393,858
 Big Lottery (STEP Project): £209,880
 J R Chandler £30,000
 Comic Relief £38,731

We are of course very grateful to all these sources of funding which enable us to deliver the wide range of services we currently offer to our service users.

#### **Report of the Trustees (continued)**

#### Achievements and performance (continued)

#### Investment policy and objectives

Under the terms of the governing and founding document, the Trustees have the power "to invest the monies of the company not immediately required for its purpose in or upon such investments, securities or property as may be thought fit".

#### Transfer between funds

An amount of £123,270 was transferred from the General Fund to eliminate a deficit on the restricted funds.

#### Statement of trustees' responsibilities

Law applicable to incorporated charities in Scotland requires the directors to prepare an annual report and financial statements for each financial year in accordance with applicable law and regulations. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity at the end of the year and of its financial activities including its income and expenditure during the year then ended. In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The directors are responsible for keeping proper and adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

In March 2019 we seen a change in our governance for the first time in 10 years and have recruited a new board of trustees to take the service forward and develop a new strategic vision to enable us to plan services and retain and source new funding for our developing services. It is an exciting time for The Marie Trust where we will build on our successes and failures and involve our staff and service users in a service review ensuring that we maintain our ethos and values and develop services which best meet the needs of homeless and vulnerable people.

The assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included

on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The auditors, Cornerstone Accountants, will be proposed for re-appointment at the forthcoming Annual General Meeting.

On behalf of the Board

**Alan Sherry** 

Trustee 9 / 1 0 / 2019

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# Independent Auditor's Report to the Trustees and Members of The Marie Trust

We have audited the financial statements of The Marie Trust for the year ended 31 March 2019 which comprise the Statement of Financial Activities, the Balance Sheet, the statement of cash flows and notes to the financial statements including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS102 "the financial reporting standard applicable in the UK and Republic of Ireland".

This report is made exclusively to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charitable company's trustees, as a body in accordance with Section 44(1)(c) of the Charities and Trustees Investment (Scotland) Act 2005 and Regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended). Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity company and the charitable company's members and trustees as a body, for our audit work, for this report, or for the opinions we have formed.

#### Respective responsibilities of trustees and auditor

As explained more fully in the Statement of Trustees' Responsibilities, set out on page 12, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that the financial statements give a true and fair view.

We have been appointed auditors under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report to you in accordance with regulations made under those Acts.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those Standards require us to comply with the Financial Reporting Council's Ethical Standards, including FRC Ethical Standard – Provisions Available for Small Entities, in the circumstances set out in note 1 of the financial statements.

### Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequate disclosed; the reasonableness of significant accounting estimates made by the Trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

We have undertaken the audit in accordance with the requirements of FRC Ethical Standards including FRC Ethical Standard "Provisions Available for Small Entities, in the circumstances set out in note 1 of the financial statements.

# Independent Auditor's Report to the Trustees and Members of The Marie Trust (continued)

#### **Opinion on financial statements**

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2019 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Companies Act 2006; the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

#### Material uncertainty related to going concern

In forming our opinion on the financial statements, which is not modified, we have considered the adequacy of the disclosures in Note 1 to the financial statements concerning the charity's ability to continue as a going concern. The charity is reliant on funding from Glasgow City Council to meet its costs and, as explained in note 1, funding for 2020/21 has not yet been confirmed. This may cast doubt over the charity's ability to continue as a going concern. The financial statements do not include the adjustments that would result if the charity were unable to continue as a going concern.

#### Opinion on other matters prescribed by the Companies Act 2006

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements.

# Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) require us to report to you if, in our opinion:

- the charitable company has not kept proper and adequate accounting records or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the Report of the Trustees and took advantage of the small companies exemption from the requirement to prepare a strategic report.

Cornota Accoulato

# **Brian Thomson BA Hons CA (Senior Statutory Auditor)**

for and on behalf of Cornerstone Accountants, Statutory Auditor, Glasgow (Eligible to act as an auditor in terms of section 1212 of the Companies Act 2006)

2019

# Statement of financial activities (including income and expenditure account) for the year ended 31 March 2019

joi the year chaca 31 March 2013						Dantatad	
	Note	Unrestricted	Restricted	Total	Unrestricted	Restated Restricted	Total
	Note	Funds	Funds	Funds	Funds	Funds	Funds
		2019	2019	2019	2018	2018	2018
		2019 £	2019 £	2019 £	2018 £	2018 £	2018 £
Income and endowments from:		-	•	-	-		-
Donations and legacies	2	10,814	_	10,814	31,904	_	31,904
Charitable Activities	3	9,581	668,835	678,416	10,096	651,733	661,829
Other trading activities	4	65,063	•	65,063	60,067	, <u>.</u>	60,067
Investments	5	-	-		-	-	· -
Total		85,458	668,835	754,293	102,067	651,733	753,800
Expenditure on:							
Expenditure on raising funds	6	29,160	39,105	68,265	26,486	30,383	56,869
Charitable activities	7	5,152	752,408	757,560	10,037	654,011	664,048
Total		34,312	791,513	825,825	36,523	684,394	720,917
Total							
Net income/(expenditure)		51,146	(122,678)	(71,532)	65,544	(32,661)	32,883
Transfers between funds	16	(123,270)	123,270	-	(37,300)	37,300	
				<del></del>			
Net movement in funds		(72,124)	592	(71,532)	28,244	4,639	32,883
Total funds brought forward		100,935	28,674	129,609	72,691	24,035	96,726
		<del></del>					
Total funds carried forward		28,811	29,266	58,077	100,935	28,674	129,609

The notes form part of these financial statements

# Balance sheet at 31 March 2019

	Note	2019 £	2019 £	2018 £	2018 £
Fixed assets					
Tangible fixed assets	12		8,595		7,867
Current assets					
Debtors	13	5,958		7,165	
Cash at bank and in hand		124,825		179,293	
		<del></del>			
		130,783		186,458	
Creditors: amounts falling due within					
one year	14	(81,301)		(64,716)	
				<del></del>	
Net current assets			49,482		121,742
Net assets			58,077		129,609
					<u> </u>
Funds	16				
Unrestricted funds			28,811		100,935
Restricted funds			29,266		28,674
	-				<u></u>
Total funds			58,077		129,609

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 9/16/2019 and were signed on its behalf by:

**Alan Sherry** 

Trustee

A Waine

Trustee

Company number: SC361593

The notes form part of these financial statements

# Statement of cash flows at 31 March 2019

	2019 £	2019 £	2018 £	2018 £
Cash flows from operating activities  Net income / (expenditure) Income from investments Depreciation Decrease/(increase) in debtors Increase/(decrease) in creditors	(71,533) - 2,934 1,207 16,586		32,882 (88) 2,469 2,979 836	
Cash provided by / (used in) operating activities  Cash flows from investing activities		(50,806)		39,078
Investment Income Purchase of tangible assets	(3,662)		88 (921)	
Cash (used in) investing activities		(3,662)		(833)
Increase / (decrease) in cash and cash equivalents in the year		(54,468)		38,245
Cash and cash equivalents at the beginning of the year		179,293		141,048
Total cash and cash equivalents at the end of the year		124,825		179,293
Cash and cash equivalents comprise Cash at bank		124,825		179,293

# Notes to the financial statements

for the year ended 31 March 2019

#### 1 Accounting policies

#### (a) Basis of Accounting

The financial statements have been prepared on a going concern basis in accordance with applicable accounting standards and under the historical cost convention. The charity is a Public Benefit Entity and a company limited by guarantee, incorporated in Scotland with the registered office as noted on page 1. The financial statements are compliant with the charity's constitution, the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), the Statement of Recommended Practice (SORP) FRS 102 "Accounting and Reporting by Charities" (revised 2015), and in accordance with Financial Reporting Standard 102 (FRS 102).

In common with many other organisations of our size and nature, we use our auditor to assist with preparation of the financial statements.

The Board consider it appropriate to prepare the financial statements on a going concern basis. In reaching this view, we looked at the funding in place until March 2020 and the free reserves available to us to underpin our work should there be any gap in securing funding for 2020/21. The charity's key source of income is from Glasgow City Council. Although formal confirmation of a continuation of funding has not been received at the time of signing the financial statements, we do not anticipate that funding from this source will be reduced or withdrawn.

#### (b) Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Income is only deferred when the donor specifies that an award may only be used in a future accounting period or the donor imposes conditions that must be met before the charity has unconditional

#### (c) Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Grants offered subject to conditions which have not been met at the year end are noted as a commitment but not accrued as expenditure. Governance costs are included in charitable activities and include those costs associated with meeting the constitutional and statutory requirements of the charity and include audit fees and costs linked to the strategic management of the charity.

#### (d) Donated goods and services

The charitable company places no value on donated services of volunteers or on gifts in kind in the Statement of Financial Activities.

#### (e) Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fittings and equipment - 15% on a reducing balance basis Computer equipment - 33% on a straight line basis

# (f) Taxation

The charity is exempt from corporation tax on its charitable activities.

#### (g) Debtors

The Marie Trust Report and Financial Statements 31 March 2019

Other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

# Notes to the financial statements

for the year ended 31 March 2019

#### 1 Accounting policies (continued)

#### (h) Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar.

# (i) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in a transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

## (j) Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### (k) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

# (I) Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate. Unpaid pension contributions of £1,734 (2018: £2,102) are included within accruals at the year end.

#### (m) *VAT*

The charity is not registered for VAT therefore costs are stated inclusive of irrecoverable VAT.

#### 2. Donations and legacies income

-	2019	2018
	£	£
Donations	10,814	6,904
Grants	-	25,000
	10,814	31,904
Grants received, included in the above, are as follows:		
	2019	2018
	£	£
The Robertson Trust	-	25,000
RBS	-	-
GCU	•	-
	<del></del>	
	-	25,000

3.	Charitable activities income		
		2019	2018
		£	£
	Glasgow City Council contract for services	390,858	379,676
	Wayside Club Centre income	9,581	10,096
	Big Lottery: STEP	209,246	202,206
	J Chandler & Co (Buckfast) Ltd Comic Relief	30,000 38,731	28,000
	Comic Relief	38,731	41,851
		678,416	661,829
4.	Other trading activities income		
4.	Other trading activities income	2019	2018
		£	£
	Fundraising events	16,829	9,620
	Income from cafe	10,544	11,501
	Clothing recycling income	726	753
	Firewalk funds received	-	-
	Rough Night funds	25.754	27.067
	Charity shop funds Other income	36,764 200	37,967 226
	Other income	200	220
		65,063	60,067
5.	Investment Income		
		2019	2018
		£	£
	Deposit account interest	-	-
6.	Raising funds		
		2019	2018
		£	£
	Staff costs	39,105	30,383
	Fundraising expenses	210	1,080
	Other funds	200	250
	Shop expenses	15,097	13,257
	Café purchases	13,653	11,899
		68,265	56,869
		<del></del>	

# Notes to the financial statements

for the year ended 31 March 2019

# 7. Charitable activities expenditure

		Direct costs £	Total 2019 £	Total 2018 £
	Charitable activities	5,153	5,153	10,037
	Provision of services funded by Glasgow City Council	441,448	441,448	356,403
	Instruments for music group	57	57	67
	Running of hired van	13,650	13,650	24,309
	Skills Development, Training, Education and Employability project	247,478	247,478	225,038
	Comic Relief	42,159	41159	40,763
	Mikel Fund	-	•	-
	Governance costs (see note 8)	7,615	7,615	7,431
		757,560	757,560	664,048
8.	Governance costs			2010
			2019 £	2018 £
	Auditors' remuneration – accountancy support		4,195	3,979
	Auditors' remuneration – audit current year		3,420	3,452
			7,615	7,431
			<del></del>	
9.	Net income/(expenditure)			
	Net income/(expenditure) is:			
			2019	2018
			£	£
	Auditors' remuneration		3,420	3,452
	Depreciation – Owned assets		2,934	2,469
	Hire of equipment - unrestricted		-	-
	Hire of equipment - J Chandler & Co (Buckfast) Limited fund		3,162	2,918

# 10. Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

# Trustees' expenses

No trustees received reimbursement of expenses in the year ended 31 March 2019 nor for the year ended 31 March 2018.

# 11. Staff costs

	2019	2018
	£	£
Wages and salaries	480,590	507,479
Social security costs	33,507	36,789
Other pension costs	25,750	26,438
Redundancy	45,708	20,130
	585,555	570,706
The average monthly number of employees during the year was as follows:		
, , , , , , , , , , , , , , , , , , , ,	2019	2018
Full-time staff	12	12
Part-time staff	13	14
	25	26
No employee earned in excess of £60,000 (2018: 0).		
	2019	2018
	£	£
Key management remuneration	106,531	132,762
	A-10-11-11-11-11-11-11-11-11-11-11-11-11-	

Key management includes the Chief Executive and the organisation's Team Leaders.

# 12. Tangible fixed assets

	Fittings and equipment	Computer equipment	Total
	£	£	£
Cost			
At 1 April 2018	16,686	17,479	34,165
Additions	967	2,695	3,662
At 31 March 2019	17,653	20,174	37,827
Depreciation	<del></del>	<del></del>	
At 1 April 2018	9,829	16,469	26,298
Charge for year	1,174	1,760	2,934
At 31 March 2018	11,003	18,229	29,232
Net book value			
At 31 March 2019	6,650	1,945	8,595
At 31 March 2018	<del></del> 6,857	1,010	7,867
7. 52 May 51. 2020			

13.	Debtors		
		2019	2018
		£	£
	Trade debtors	296	1,623
	Other debtors	2,500	2,500
	Prepayments and accrued income	3,162	3,042
		<del></del>	
		5,958	7,165
		<del></del>	
14.	Creditors: Amounts falling due within one year		
		2019	2018
		£	£
	Trade creditors	1,462	955
	Social security and other taxes	8,062	9,918
	Accruals	54,287	36,987
	Deferred income (below)	17,490	16,856
	Other creditors .	-	•
		<del></del> 81,301	64,716
		81,301	
		2019	
		£	
	Deferred income:		
	At 1 April 2018		
	Amount deferred in year	17,490	
	Balance at 31 March 2019	17,490	

Income has been deferred due to performance related objectives not yet being met.

# 15. Analysis of net assets between funds

	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
			2019	2018
	£	£	£	£
Fixed assets	3,732	4,863	8,595	7,867
Current assets	25,079	105,704	130,783	186,458
Current liabilities	-	(81,301)	(81,301)	(64,716)
	<del></del>	-	<del></del>	
	28,111	29,266	58,077	129,609

#### 16. Movement in funds

	At			Transfers	
	1 April			between	Closing
	2018	Income	Expenditure	funds	balance
	£	£	£	£	£
Restricted funds					
Glasgow City Council	3,063	390,858	(488,168)	95,247	1,000
Big Lottery: STEP	11,193	209,246	(247,478)	27,539	500
Oak Foundation Trust	6	_	•	-	6
Trades House of Glasgow	1,859	-	(57)	-	1,802
Garden and Better Health Project	2,752	-	-	-	2,752
J Chandler & Co (Buckfast) Limited	6,567	30,000	(13,650)	-	22,917
Comic Relief	3,233	38,731	(42,159)	484	289
	28,673	668,835	(791,512)	123,270	29,266
Unrestricted general funds	100,935	85,458	(34,312)	(123,270)	28,811
			<del></del>	<del></del>	
Total funds	129,608	754,293	(825,824)	-	58,077
		<del></del>			

The transfer from unrestricted funds was made to eliminate a deficit on the restricted fund.

# Restricted funds

Glasgow City Council – this fund relates to a contract for services provided by the Marie Trust.

Big Lottery: STEP – this fund relates to a grant received from the Big Lottery Fund towards our Skills Development, Training, Education and Employability project.

Oak Foundation Trust - this fund relates to a grant received for our furniture project.

Trades House of Glasgow- this fund relates to a grant received for the purchase of investments.

Garden and Better Health Project – this fund relates to a grant received to convert an allotment plot at Pollock Park to create a therapeutic garden patio area.

J Chandler & Co (Buckfast) Limited – this fund is for the running costs of the hired van.

Comic Relief - this fund is for counselling services.

# Notes to the financial statements

for the year ended 31 March 2019

# 17. Commitments under operating leases

At 31 March 2019 the charity had total commitments under non-cancellable operating leases as follows:

	2019 Other	2018 Other
	£	£
Total operating lease payments falling due:		
Within one year	-	-
Within two to five years	-	- '
	•	-
Lease payments recognised as an expense	14,900	16,067

# 18. Related party transactions

During the year £Nil (2018: £Nil) was paid to Glasgow Council for the Voluntary Sector, a company in which the chief executive is a director of, for services provided on an arm's length basis.

# 19. Ultimate controlling party

The charity is constituted by its Memorandum and Articles of Association and is controlled by its appointed trustees.